

Explore Woodland or Trees

Here are some ideas of how you can use the beautiful outdoors in a fun and safe way. Please ensure you have read the [Introduction to Norfolk Summer Outdoors](#) for some important safety tips to help you along your way.

We have made this guide interactive so please click on the blue underlined section to follow the website links.



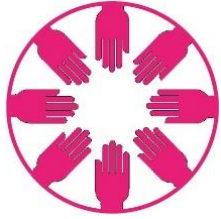
Give back (and care)

- Visit trees or [woodland that is open to the public](#)
- Make a picnic/snack-pack to take with you
- Warn others when you spot dangers (e.g. brambles, nettles and trip hazards)
- Ensure everyone stays [woodland safe](#)
- Keep your group together so no one gets lost
- Get [prepared](#): Wear strong footwear and take drink
- Safely collect litter to leave the woodland cleaner



Take notice of nature

- Listen and watch the wind in the branches and leaves.
- Listen for different [bird song](#)
- Can you hear any [animal calls](#)?
- Smell the trees, what smells good?
- Is there [moss](#) growing on the trees?
- Spot trees that look like something else (e.g. a face)
- Can you see trees with buds, flowers, fruits or berries?



Connect with others

- Take photos to remember the day – share with family and friends
- Play [meet a tree](#)
- Create a group poem or [story](#) about the woodland



Be active in the outdoors

- Let your imagination run wild
- Find a fun shaped [leaf](#) or stick.
- Have a scavenger hunt or play leaf bingo
- Get crafty with [leaves](#)
- What [insects](#) can you find?
- Practice walking as silently as possible (e.g. '[Grandma's footsteps](#)' or '[The Giants Keys](#)')
- Do some [tree rubbings](#)
- Find the widest tree (how will you measure?)
- Build a [den](#)
- *Safely* [climb a tree](#)
- *Safely* play hide and seek (agree boundaries)
- Learn how to make [nettle string](#)
- Make a [natural Mandala](#) or make [land art](#)



Keep learning

- Identify woodland [animals](#)
- Identify [trees](#) using their leaves, twigs, fruits and seeds
- Find and identify [woodland minibeasts](#)
- Research the [history](#) of your woodland or trees
- [Make your own binoculars](#)

For further resources please see;

- Woodland trust [walking dogs in woods](#)
- Forestry England – [connect the kids to forests](#)

Printable resources:

- [Tree tools for schools](#)
- [Permanent orienteering](#) courses available in Norfolk

