

## Explore Ponds, Lakes or Broads

Here are some ideas of how you can use the beautiful outdoors in a fun and safe way. Please ensure you have read the [Introduction to Norfolk Summer Outdoors](#) for some important safety tips to help you along your way.

We have made this guide interactive so please click on the blue underlined section to follow the website links.



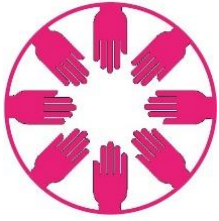
### Give back (and care)

- Find out how to take care for [freshwater habitats](#). Why is it [important](#) we look after them?
- Ensure everyone stays [pond safe](#) and [water safe](#) near deeper water
- Safely collect litter to leave the area cleaner
- Build a [mini-pond](#) at home to attract wildlife



### Take notice of nature

- What different shapes does the water make?
- Try shutting your eyes and identify the [sounds](#)
- Spot a [Damselfly or Dragonfly](#), [Whirligig Beetle](#), [pond skater](#) or [other creatures](#)
- Notice [plants](#) that grow in and around the water



### Connect with others

- Take photos to remember the day – share with family or friends
- Plan visits to ponds and lakes as a group
- Talk to friends and family about the ponds and lakes they may have visited as children.



### Be active in the outdoors

- Research online and ask others about suitable [ponds](#) in your area that public can visit.
- Visit larger [lakes](#) and [Broads](#) (like [Whitlingham](#))
- Visit a [Norfolk Wildlife Trust Reserve](#)
- Go [Pond Dipping](#)
- See if you can identify [birds and animals](#) who live in and around the freshwater.
- Spot [Amphibians](#)
- Make a [mini raft](#)
- *Safely* get out on the water on [canoe, kayak or SUP](#)



### Keep learning

- Use the Wildlife Trust [Ponds for All booklet](#)
- Identify the [water-birds](#) you spotted?
- What is the [Water Cycle](#)? How does this link with weather?
- Research the [life cycle](#) of your chosen pond
- Learn about the history of the [Broads](#)
- Virtual [Pond Dipping](#) and [Pond Dipping experiment](#)

For further resources please see;

Ponds

- The [Norfolk Ponds Project](#)
- Manage [your pond](#)

Broads

- Walks near [Norfolk Broads](#)
- [Accessible broad walks](#)

