

**Be active** Go on a 'penny walk'. Every time you reach a junction flip a coin to decide whether to go right or left. See where you end up and then see how easy it is to find your way home again. (Take a trusted adult with you if you leave your home!)

How do migratory birds manage to find their way?

**Give** Think about how you can give to the birds that live in your area. Maybe you can set up a bird feeding station or plant something which will provide food for those that stay all winter, or you could put out some water and see which birds come to visit.



**Connect** Find a book about a journey to share with someone in your house. If everyone is busy, try reading to a pet or a toy!

[Skyhawk by Gill Lewis](http://www.gilllewis.com/web/wp-content/uploads/2015/08/SkyHawk_readingnotes.pdf) is a story all about two children who find a rare bird and follow its journey south. It is also a story of friendship and loss. [http://www.gilllewis.com/web/wp-content/uploads/2015/08/SkyHawk\\_readingnotes.pdf](http://www.gilllewis.com/web/wp-content/uploads/2015/08/SkyHawk_readingnotes.pdf)

You might have a favourite story about a different journey or choose some non-fiction about a real journey.



**Notice** Find a comfortable space where you can lie down and see the sky. You could do this indoors, through a window or lie on the grass. Spend a few moments just watching the clouds or the birds. Maybe try at different times of the day or in different places to see if anything changes (Remember not to look directly at the sun.)

**Learn** Look on the internet to find out about migratory birds. Share what you have learnt with someone else; you could Zoom or draw a picture or write a report,. You could even write a letter to Valentine the cuckoo!



Holt Hall